

Name

Date

Modified Ashworth Scale

R/L	Muscle under stretch	Score

The modified Ashworth scale

0. No increase in muscle tone
1. Slight increase in tone with a catch and release or minimal resistance at end of range
2. As 2 but with minimal resistance through range following catch
3. More marked increase tone through ROM
4. Considerable increase in tone, passive movement difficult.
5. Affected part rigid

Joint range of motion, active and passive

R/L	Flex/Ex	Joint to be tested	Passive ROM	Active ROM

ROM range of movement

Degrees from extension

Muscle strength

R/L	Muscle	Score

MRC score

0. No movement
1. Palpable contraction, no visible movement
2. Movement but only with gravity eliminated
3. Movement against gravity
4. Movement against resistance but weaker than normal
5. Normal power